

Baglamukhi Anusthan Puja Vidhi in English



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There are two types of sadhak exist in this world. One is who performs all the puja only to appease the ma baglamukhi without any desire or purpose and who is devoted to ma baglamukhi's lotus feet. This type of anusthan or puja which is done only for ma is called nishkaam puja. Nishkaam sadhana is spiritual practice done for higher aims. It is done to achieve the aim of enlightenment or moksha. It is done for the spiritual upliftment of the individual so that he is taken out of the cycle of life and death.

Second one is who performs baglamukhi pooja or anusthan only to fulfill his desires. Most of the people fall in this category because of various problems in life.

Devotees generally worship Ma Baglamukhi for the following purposes:

- To overcome enemies.
- To combat the effect of black magic, evil-eye etc.
- To obtain relief from legal problems, and also victory in contests and elections etc.
- To overcome adverse circumstances.
- To avoid accidents, bloodshed and the possibility of untimely or unnatural death.

- To obtain health, wealth, prosperity, assets, property and to attain the Ultimate Salvation - which is the aim of life?

If Sadhak (aspirant) completes all the below steps then it is said that he/she has completed anusthan or purascharan of baglamukhi mantra.

1. Chant Baglamukhi mantra 1,25,000 times in 11, 21, 36, 40 days as per your convenience after taking baglamukhi mantra diksha from your guru.
2. Do yagya (homa) of twelve thousand five hundred (12,500) mantras after completing the 1,25,000 japa.
3. Do tarpan with one thousand two hundred fifty (1250) mantras after yagya.
4. Do marjan with one hundred twenty five (125) mantras after tarpan
5. Offer food to 11 brahmins (or girls) at the end of puja.
6. Upon completion of your anusthan, appease your guru and make every effort to get his blessing. It is your guru who is empowered to award you at the completion.

Sadhak needs to follow the below rules while doing baglamukhi anusthan.

1. Baglamukhi anusthan (Baglamukhi puja) can be done at home. Sadhak does not need to go any temple.
2. Place a baglamukhi photo & yantra at your puja temple.

3. Sadhak must do constant number of mantra jaap everyday. For example if you want to complete your anusthan in 40 days then 32 malas needs to be done everyday. In case in the beginning of anusthan if you are not able to do 32 malas then you can start with less numbers and then increase day by day. Numbers of malas can be increased but can not be decreased.

4. Haldi Mala (Rosary of 108 beads which is made up of turmeric) should be used to chant baglamukhi mantra. A rosary has one hundred eight beads but only hundred mantras are counted. For example if sadhak completes 10 malas it means he/she has chanted 1000 mantras. 80 mantras will not be counted. So to complete 1,25,000 mantra japa sadhak has to do 1250 malas.

5. Sadhak should maintain the celibacy in anusthan period.

6. Sadhak must sit on yellow asana , must wear yellow clothes & should offer yellow sweets to ma baglamukhi.

7. In anusthan period do not hurt anyone & keep silence as much as possible

8. Bhakti is the root of success in sadhana. If you are devoted to the lotus feet of ma then she will bless you with everything. There is no rule & regulation between Bhakt & Bhagwaan.

9. One should chant Mahamritunjaya Mantra “Haum Joom Sah हौं जूं सः ” at the end of Japa everyday.

10. One should chant baglamukhi gayatri Mantra everyday which is given in the end of this article.

My father Shri Yogeshwaranand Ji always says “a few people think that sadhana is merely the process of reciting mantras, sitting in a temple or something offered to their deity. No! This is not truth. There are secrets that nobody knows, or some don't want you to know! The secret, which I am telling

you now, is: **“Love everyone. Sacrifice, and surrender completely to your Deity.”**

Sometimes desired results are not achieved in single anusthan due to past karmas. One should continuously perform the puja or anusthan to get the results. This will first remove your past karmas and then give you the results.

There are lots of people who can not perform this baglamukhi anusthan or baglamukhi puja themselves, they should ask someone to do this puja on their behalf. When someone performs this puja for you with correct method and devotion, you get the same results.

What mantras are given in Ma Baglamukhi Diksha

In Ma Baglamukhi Sadhana following mantra dikshas are given. Baglamukhi sadhana is a step by step procedure of various mantras. Once you take diksha of first mantra you have to do anusthaan or purascharan of this mantra. Same way you have to do anusthaan of other mantras too after taking their diksha. Finally You will be given purnabhishek diksha.

1. Ekakshari(Beej or Bija or 1 syllable) Baglamukhi mantra Diksha
2. Chaturakshari (4 syllable) Baglamukhi Mantra Diksha
3. Ashtakshari (8 syllable)Baglamukhi Mantra Diksha
4. Unnisakshari (19 syllable) Baglamukhi Mandaar Mantra Diksha
5. Chattisakshari (36 syllable or Mool or Brahmastra) Baglamukhi Mantra Diksha

Baglamukhi Beeja Mantra

Bija Mantra of Ma Baglamukhi is Hlreem. If you have never done this sadhana before then you should start your Sadhana from this bija mantra. You should take the diksha of baglamukhi bija mantra from your gurudev and then you should do the anusthan or purascharan of this mantra. After the completion of purascharan you should recite some mala of this mantra everyday. You can do one, five, eleven, twenty one or more malas everyday. This bija mantra of ma baglamukhi will protect you from every evil power. If some one is creating hurdles in your life then ma will protect you as a child. This mantra can also protect you from false court cases and makes you winner. If you are facing the shani sadesati or under the dashas of malefic planets and facing lots of problems in your life then Ma Pitambarā is the only shelter which can create a hope in your life. **If you are willing to die or having no hope then try this sadhana only once.** I have no words to say anything about ma pitambarā and her grace on her child but yes i can promise you that once you are under her shelter then you will never look back in your life. Success will become your servant. I also want to make people aware about a wrong belief. People think that Ma Baglamukhi is cruel and if they will commit any mistake in her worship then they will be punished. It is not true. I am aware of lots of people who even did not chant their mantra properly but still they got all the benefits which they should have got only after chanting the correct mantra only. Never have any kind of fear into your mind. She is cruel only for your enemies but not for you. Every mother will become baglamukhi if someone is creating any troubles for her child. Same concept applies here. So don't waste your time take diksha (initiation) into this mantra and start sadhana without any confusion.

Mantra: "HLEEM"

मन्त्रः- ह्लीं ।

This is the beej mantra of mother Bagalamukhi. But it is said that this mantra is cursed and spell bound. If we add fire beeja “Ram (स्म)” with this mantra then it becomes uncursed and gives effective result. So one should recite this mantra adding fire beeja i.e. HLREEM ह्रीं

According to spiritual science beej mantra becomes the soul of any mantra. Although there are many mantras in existence which bear no beej mantra, but they are understood powerless, as---

“NIRBEEJAMEVA NIRVIRYA SHIVASYA VACHANAM YATHA’.

HLEEM mantra is concerned with SOUTH – AMNAYA(, which is called STHIR MAYA. (Stable illusion). Reciting this beej mantra one should concentrate the Goddess having two arms.

VINIYOGA:

Om asya ekakshari Bagala mantrasya Brahma rishih Gayatri Chhandah Bagala mukhi devata Lam beejam Hreem shakti Eem keelkam mama sarvartha sidhyarthay japay viniyogah. (In Bagalamukhi Rahasyam ‘Hum shakti’ has been uses instead of ‘Hreem Shakti’)

विनियोगः-

ओम् अस्य एकाक्षरी बगला मंत्रस्य ब्रह्म ऋषिः, गायत्री छन्दः, बगलामुखी देवताः, लं बीजं, ह्रीं शक्ति, ईं कीलकं, मम सर्वार्थ सिद्धयर्थे जपे विनियोगः।

RISHYADI-NYASA

- Shri Brahma rishaye namah shirasi.
- Gayatri chhandsay namah mukhay.
- Shri Bagalamukhi devatayai namah hradi.
- Lam beejaya namah guhye.
- Hreem shaktaye namah padayoh.
- Eem keelakaya namah sarvange.
- Shri Bagalamukhi devatamba pritayathe jape viniyogaya namah anjalau.

ऋष्यादिन्यासः-

- ओम् ब्रह्म ऋषये नमः शिरसि।
- गायत्री छंदसे नमः मुखे।
- श्री बगलामुखी देवतायै नमः हृदि।
- लं बीजाय नमः गुह्ये।
- ह्रीं शक्तये नमः पादयोः।
- ईं कीलकाय नमः सर्वांगे।
- श्री बगलामुखी देवताम्बा प्रीत्यर्थे जपे विनियोगाय नमः अंजलौ।

SHADANGA-NYASA

- Om Hlam hradayaya namah.

- Om Hleem shirsay Svaha.
- Om Hloom shikhaye vashat
- Om Hlaim kavachaye hum.
- Om Hlaum Netra trayaye vaushat.
- Om Hlah Astraye phat.

षडंगन्यासः

- ओम् ह्र्वां हृदयाय नमः।
- ओम् ह्र्वां शिरसे स्वाहा।
- ओम् ह्र्लूं शिखाय वषट्।
- ओम् ह्र्लैं कवचाय हूं।
- ओम् ह्र्लौं नेत्र त्रयाय वौषट्।
- ओम् ह्र्लः अस्त्राय फट्।

KARA-NYASA

- Om Hlam angusthabhyam namah.
- Om Hleem tarjanibhyam Svaha.
- Om Hloom Madhyamabhyam vashat.
- Om Hlaim kavachaye hum.
- Om Hlaum Netra-trayaye vaushat.
- Om Hlah astraye phat.

करन्यासः

- ओम ह्लां अंगुष्ठाभ्यां नमः।
- ओम ह्र्लीं तर्जनीभ्यां स्वाहा।
- ओम ह्र्लूं मध्यमाभ्यां वषट्।
- ओम ह्र्लैं अनामिकाभ्यां हूं।
- ओम ह्र्लौं कनिष्ठिकाभ्यां वौषट्।
- ओम ह्रलः करतल-कर-पृष्ठाभ्यां फट्।

MEDITATION

“Vadi Mookati rankati chhiti-patir-vaishvanarah shitati,

Krodhi shantati durjanah sujanati kshipranugah khhanjati.

Garvi kharavati sarva-vichcha jadati tvad-yantrana yantritah,

Shri Nitye Bagalamukhi! pratidinam kalyanim! tubhyam namah.”

Meaning:-

“I salute to you everyday O proclaimer, speechless one, bagger, ruler of the Earth, cosmos and men, cool one, cruel one, reconciling one, wicked one, true mother, giving success quickly, lame one, proud one, crippled one, all- exterminator, dull one, having the Yantra of all Yantras, O Shri Eternal Baglamukhi, O beautiful one.”

ध्यान

वादी मूकति रंकति क्षितिपतिर्वैश्वानरः शीतति।
क्रोधी शान्तति दुर्जनः सुजनति क्षिप्रानुगः खंजति।।
गर्वी खवर्ति सर्व विच्च जडति त्वद्दयन्त्राणा यंत्रितः।
श्रीनित्ये बगलामुखि! प्रतिदिनं कल्याणि! तुभ्यं नमः।।

Our Syllable Mantra (Chaturakshari Mantra)

Mantra - OM AAM HLREEM KROM

मन्त्रः- ओम् आं ह्र्लीं क्रों ।

VINIYOGA:

Om asya Shri Bagala-CHATURAKSHARI mantrasya Shri Brahma rishih, Gayatri Chhandah, Shri Bagalamukhi devata, Hleem beejam, Aam shaktih, Krom keelakam, Shre Bagalamukhi devatamba prityarthay jape viniyogah.

विनियोगः-

ओम् अस्य श्री बगला चतुर्क्षरी मन्त्रस्य श्री ब्रह्म ऋषिः, गायत्री छन्दः,
श्री बगलामुखी देवता, ह्र्लीं बीजं, आं शक्तिः, क्रों कीलकं, श्री बगलामुखी
देवताम्बा प्रीत्यर्थे जपे विनियोगः।

MEDITATION

Kutilalak sanyuktam madaghurnita lochanam,

Madiramod-vadanam praval sadrasha-dharam ॥

Suvarna-kalasha-prakhya kathhinastana mandalam,

Aavarta-vilasannabhim sukshama-madhyama sanyutam ॥

Rambhoru paada-padamam tam peetavastra samavratam ।

MEANING:-

Whose eye-brows are very slanting, whose eyes are redish and sharp with intoxication of liquer, whose body is full of pleasure with wine, whose lips are glowing like red sapphire, whose preest of both breasts are very hard and seem like golden pitcher, whose navel is bulged and round, and whose feets are like lotus, I salute such mother wrapped with yellow cloth.

ध्यान

कुटिलालक संयुक्तां मदाघूर्णित लोचनां,

मदिरामोद वदनां प्रवाल सदृशाधराम् ॥

सुवर्णकलश प्रख्य कठिन स्तन मण्डलां,

आवर्त्त विलसन्नाभिं सूक्ष्म-मध्यम संयुताम्॥

रम्भोरू पाद-पद्मां तां पीतवस्त्र समावृताम् ।

RISHYADI-NYASA

- Shri Brahma rishaye namah shirasi.
- Gayatri chhandsay namah mukhay.
- Shri Bagalamukhi devatayai namah hradi.
- Hleem beejaya namah guhaye.
- Aam shaktaye namah padayoh.
- Krom keelakaya namah sarvange.
- Shri Bagalamukhi devatamba pritayathe jape viniyogaya namah anjalau.

ऋष्यादिन्यासः-

- श्री ब्रह्म ऋषये नमः शिरसि।
- गायत्री छंदसे नमः मुखे।
- श्री बगलामुखी देवताय नमः हृदि।
- ह्रीं बीजाय नमः गुह्ये।
- आं शक्तये नमः पादयोः।
- क्रों कीलकाय नमः सर्वांगे।
- श्री बगलामुखी देवताम्बा प्रीत्यर्थे जपे विनियोगाय नमः अंजलौ।

SHADANGA-NYASA

- Om Hlam hradayaya namah. (Touch the heart with combination of ring finger and thumb).
- Om Hleem shirsay Svaha. (Touch the head)
- Om Hloom shikhaye vashat
- Om Hlaim kavachaye hum.
- Om Hlaum Netra trayaye vaushat.
- Om Hlah Astraye phat.

षडंगन्यासः-

- ओम् ह्लां हृदयाय नमः।
- ओम् ह्र्लीं शिरसे स्वाहा।
- ओम् ह्र्लूं शिखाय वषट्।
- ओम् ह्र्लैं कवचाय हूं।
- ओम् ह्र्लौं नेत्र त्रयाय वौषट्।
- ओम् ह्रलः अस्त्राय फट्।

KARA-NYASA:

- Om Hlam angusthabhyam namah.
- Om Hleem tarjanibhyam Svaha.
- Om Hloom Madhyamabhyam vashat.
- Om Hlaim kavachaye hum.

- Om Hlaum Netra-trayaye vaushat.
- Om Hlah astraye phat.

करन्यासः

- ओम् ह्लां अंगुष्ठाभ्यां नमः।
- ओम् ह्र्लीं तर्जनीभ्यां स्वाहा।
- ओम् ह्र्लूं मध्यमाभ्यां वषट्।
- ओम् ह्र्लैं अनामिकाभ्यां हूं।
- ओम् ह्र्लौं कनिष्ठिकाभ्यां वौषट्।
- ओम् ह्रलः करतल-कर-पृष्ठाभ्यां फट्।

Eight Syllable Mantra (Ashtakshari Mantra)

There are two mantras of eight characters. Any one of them can be recited. I have recited the first mantra only after taking diksha from my father shri yogeshwaranand ji.

Mantra One - OM AAM HLREEM KROM HUM PHAT SVAHA.

मंत्र - ओम् आं ह्र्लीं क्रौं हुं फट् स्वाहा ।

Mantra Two- OM HREEM SHREEM AAM KROM BAGALA

मंत्र - ओम् ह्रीं श्रीं आं क्रौं बगला।

Above both mantras are called Ashtakshari mantra. First mantra has been taken from “Sankhyayana Tantra” and second mantra belongs to the book “Bagala Kalptaru”.

Meditation

“Yuvati cha madonmattam peetambara-dharam shivaam,

Peeta-bhushana–bhushangi samapeen payodharam.

Madiramoda-vadanam pravala-sadarash-adharam,

Panam patram cha shuddhim cha bibhrateem Bagalam smaret”

Meaning: - That, who is a young woman, intoxicated, worn yellow clothes and ornaments, bears round breasts in equal shape, I remember such power of Lord Shiva. That, whose pleasant body is full of intoxication having lips like red sapphire, and having wine-pot, She, who is pure, I remember such Bagalamukhi.

ध्यान

युवती च मदोन्मत्तां पीताम्बर-धरां शिवाम्।

पीतभूषण-भूषांगी समापीन-पयोधराम्॥

मदिरामोद-वदनां प्रवाल-सदृशाधराम्।

पानं पात्रं च शुद्धिं च विभ्रतीं बगलां स्मरेत्॥

VINIYOGA:

Om asya Astakshari Bagala mantrasya Brahma rishih Gayatri
Chhandah Bagala mukhi devata Om beejam Kroma shakti Eem
keelkam mama sarvartha sidhyarthay japay viniyogah

विनियोगः-

ओम् अस्य अष्टाक्षरी बगला मंत्रस्य ब्रह्म ऋषिः, गायत्री छन्दः,
बगलामुखी देवताः, लं बीजं, ह्रीं शक्ति, ईं कीलकं, मम सर्वार्थ सिद्धयर्थे
जपे विनियोगः।

RISHYADI-NYASA:

- Shri Brahma rishaye namah shirasi.
- Gayatri chhandsay namah mukhay.
- Shri Bagalamukhi devatayai namah hradi.
- Om beejayai namah guhaye.
- Kroma shaktaye namah padayoh.
- Eem keelakaya namah sarvange.
- Shri Bagalamukhi devatamba pritayathe jape viniyogaya
namah anjalau.

ऋष्यादि न्यासः-

- श्री ब्रह्म ऋषये नमः शिरसि।

- गायत्री छंदसे नमः मुखे।
- श्री बगलामुखी देवताय नमः हृदि।
- लं बीजाय नमः गुह्ये।
- ह्रीं शक्तये नमः पादयोः।
- ईं कीलकाय नमः सर्वांगे।
- श्री बगलामुखी देवताम्बा प्रीत्यर्थे जपे विनियोगाय नमः अंजलौ।

SHADANGA-NYASA:

- Om Hlam hradayaya namah. (Touch the heart with combination of ring finger and thumb).
- Om Hleem shirsay Svaha. (Touch the head)
- Om Hloom shikhaye vashat
- Om Hlaim kavachaye hum.
- Om Hlaum Netra trayaye vaushat.
- Om Hlah Astraye phat.

षडंगन्यासः-

- ओम् ह्लां हृदयाय नमः।
- ओम् ह्र्लीं शिरसे स्वाहा।
- ओम् ह्र्लूं शिखाय वषट्।
- ओम् ह्र्लैं कवचाय हूं।

- ओम् ह्रलौं नेत्र त्रयाय वौषट्।
- ओम् ह्रलः अस्त्राय फट्।

KARA-NYASA :-

- Om Hlam angusthabhyam namah.
- Om Hleem tarjanibhyam Svaha.
- Om Hloom Madhyamabhyam vashat.
- Om Hlaim kavachaye hum.
- Om Hlaum Netra-trayaye vaushat.
- Om Hlah astraye phat.

करन्यासः-

- ओम् ह्रलां अंगुष्ठाभ्यां नमः।
- ओम् ह्रलीं तर्जनीभ्यां स्वाहा।
- ओम् ह्रलूं मध्यमाभ्यां वषट्।
- ओम् ह्रलैं अनामिकाभ्यां हूं।
- ओम् ह्रलौं कनिष्ठिकाभ्यां वौषट्।
- ओम् ह्रलः करतल-कर-पृष्ठाभ्यां फट्।

Baglamukhi Mandaar Mantra (19 Syllable Mantra)

This mantra of Bagalamukhi is Kalpadrum or Kalpataru (A mythological tree that is supposed to grant all desires). The adorer of this mantra becomes able to achieve all the desired worldly grandeur. He gets all the things in this world what he wants to get.

Actually this mantra is very secret and effective. In Tantrik community it is known by various names, as BHAKTA-MANDAR-VIDHYA, MANDAR VIDHYA & MANTRA-RATNA . There are innumerable devotees of Maa Bagalamukhi who got the grace of Bagalamukhi in form of mother Lakshmi.

The persons, who have lost their prosperity and business, whose money has been lapsed and they have no hope to regain, or where are no chances of its restoration, they should perform the adoration of this mantra.

MANTRA: – Shreem Hreem Aim Bhagavati Bagalay may shriyam dehi-dehi Svaha.

Or

Om Shreem Hreem Aim Bhagavati Bagalay may shriyam dehi-dehi Svaha.

मन्त्रः-

श्रीं ह्रीं ऐं भगवति बगले मे श्रियं देहि-देहि स्वाहा।

अथवा

ओम् श्रीं ह्रीं ऐं भगवति बगले मे श्रियं देहि-देहि स्वाहा।

Note : This mantra should be chanted only on Sfatik or Kamalbeej (Lotus Seed) rosary (mala) of 108 beads. It should not be chanted on Turmeric (Haldi) Rosary (Mala).

Meditation

Suvarna-bharnnam Devi! Peeta-malya-ambara-vratam,
Brahmastra-vidhyam Bagalam vairinnaam stambhineem bhajay.

ध्यान

सुवर्णा-भरणां देवि! पीतमाल्याम्बरावृताम्।

ब्रह्मास्त्रविद्यां बगलां वैरिणां स्तम्भिनीं भजे॥

Meaning: – I remember the Goddess Bagala wearing golden ornaments, yellow garland and yellow clothes. The mother Bagala, who is Brahmastra vidya and can astringent all the enemies.

Reciting this mantra one should do nyasa according to the root mantra.

There is a mantra in “Shri-mada-Bhagavata” (8th mantra in the 8th chapter of 8th Skanda)

“Tatashcha-virbhoot sakshaat Shri Rama Bhagavat-para!
Ranjayanti dishah kantya vidyut saudamini yatha.”

ततश्चाविर्भूत साक्षात श्री रमा भगवत्परा रंजयन्ति दिशः कान्तया विद्युत
सौदामिनि यथा

The person who is about to be insolvent, if recites this mantra with the combination of Mandaara mantra, can regain his prosperity. I have used

this mantra many times and seen the good result. The factory or business which was about to close, stood again resulted into profit.

36 Character Mantra (Mool Mantra, Brhamastra Mantra)

Mantra – “OM HLEEM BAGALAMUKHI SARVA DUSHTANAAM
VAACHAM MUKHAM PADAM STAMBHAYA JIHVAAM KEELAYA
BUDDHIM VINAASHAYA HLEEM OM SVAAHA.”

मन्त्रः- ओम् ह्र्लीं बगलामुखि सर्व दुष्टानां वाचं मुखं पदं स्तम्भय जिह्वां
कीलय बुद्धिं विनाशय ह्र्लीं ओम् स्वाहा।

Meditation :

”Om Madhya sudhabdhi-mani-mandap-ratna-vedhyam,

Sinhasano-parigatam pari-peet-varnam

Pitambara-bharan-malya-vibhushitangeem,

Deveem-bhajami-dhrata-mudgar vairee-jivham.

Jivhagramadaye Karen Deveem! Vamen shatrūn paripeedyanteem,

Gadabhighaten cha dakshinen,

Peetambaradhyam dvibhujam namami.”

ध्यान

ओम् मध्ये सुधाब्धि-मणि-मण्डप-रत्न-वेद्यां।

सिंहासनो-परिगतां परिपीत वर्णाम्॥

पीताम्बरा-भरण-माल्य-विभूषितांगीं।

देवीं भजामि धृत मुद्गर वैरि जिह्वाम् ॥

जिह्वाग्रमादाय करेण देवीं ! वामेन् शत्रून् परिपीडयन्तीम् ।

गदाभिघातेन् च दक्षिणेन्, पीताम्बराढ्यां द्विभुजां नमामि ॥

MEANING: Sitting on a golden throne in the midst of an ocean of nectar, where Her canopy, decorated with diamonds, is situated and her throne is decorated with jewels. I bow to my goddess who is adorned with yellow clothes and ornaments, holding a club in right hand with which she beats the demon, while putting his tongue out with Her left hand.

VINIYOGA:

Om asya shri Bagalamukhi mantrasya Bhagavaan Naarada rishih, trishtup Chhandah, Bagalamukhi Devata, Hleem beejam Svaha Shakti mamabhishta sidhyarthay japay viniyogah.

विनियोगः- ओम् अस्य श्री बगलामुखी मन्त्रस्य भगवान नारद ऋषिः, त्रिष्टुप छन्दः, बगलामुखी देवता, ह्लीं बीजं स्वाहा शक्ति ममाभीष्ट सिद्धयर्थे जपे विनियोगः।

RISHYADI-NYASA :-

- Shri Narada rishaye namah shirasi.
- Trishtupa chhandsay namah mukhay.
- Shri Bagalamukhi devatayai namah hradi.
- Hleem beejayai namah guhaye.
- Svaha shaktaye namah padayoh.
- Kleem keelakaya namah sarvange.

ऋष्यादि न्यास:-

- श्री नारद ऋषये नमः शिरसि।
- त्रिष्टुप छंदसे नमः मुखे।
- श्री बगलामुखी देवतायै नमः हृदि।
- ह्लीं बीजाय नमः गुह्ये।
- स्वाहा शक्तये नमः पादयोः।
- क्लीं कीलकाय नमः सर्वांगे।

SHADANGA-NYASA:

- Om Hleem hradayaya namah. (Touch the heart with combination of ring finger and thumb).
- Bagalamukhi shirsay Svaha. (Touch the head)
- Sarva dushtanam shikhaye vashat
- Vacham mukham padam stambhaya kavachaye hum.

- Jivham keelaya Netra trayaye vaushat.
- Buddhim vinashaya Hleem Om svaha Astraye phat

षडंग-न्यासः-

- ओम् ह्र्लीं हृदयाय नमः।
- बगलामुखि शिरसे स्वाहा।
- सर्व दुष्टानां शिखायै वषट्।
- वाचं मुखं स्तम्भय कवचाय हुं।
- जिह्वां कीलय नेत्र त्रयाय वौषट्।
- बुद्धिं विनाशय ह्र्लीं ओम् स्वाहा अस्त्राय फट्।

KARA-NYASA:

- Om Hleem angusthabhyam namah.
- Bagalamukhi tarjanibhyam Svaha.
- Sarva dushtanam Madhyamabhyam vashat.
- Vacham mukham padam stambhaya kavachaye hum.
- Jivham keelaya Netra-trayaye vaushat.
- Buddhim vinashaya Hleem Om Svaha astraye phat.

करन्यासः-

- ह्र्लीं अंगुष्ठाभ्यां नमः।
- बगलामुखि तर्जनीभ्यां स्वाहा।
- सर्व दुष्टानां मध्यमाभ्यां वषट्।

- वाचं मुखं स्तम्भय अनामिकाभ्यां हुं।
- जिह्वां कीलय कनिष्ठिकाभ्यां वौषट्।
- बुद्धिं विनाशय ह्र्लीं ओम स्वाहा करतल-कर-पृष्ठाभ्यां फट्।

In “Sankhyayana Tantra” the above mantra has been told astringented and spell bounded because fire beeja is not attached with this mantra. Added with fire beeja this root mantra becomes much affected. That is why the mature ascetics accomplish their anushthaan through this mantra adding fire Beeja.

अग्नि बीज सहित मूल मन्त्रः:- ओम् ह्र्लीं बगलामुखि सर्व दुष्टानां वाचं मुखं पदं स्तम्भय जिह्वां कीलय बुद्धिं विनाशय ह्र्लीं ओम स्वाहा॥

Mantra (with fire Beeja):- :- **OM HLREEM BAGALAMUKHI SARVA DUSHTANAM VACHAM MUKHAM PADAM STAMBHAYA JIVHAM KEELAYA BUDDHIM VINASHAYA HLREEM OM SVAHA.**

HLREEM ह्र्लीं should also be used everywhere in all Nyasas as well as viniyoga given above.

The root mantra (36 words) of Bagalamukhi has been awarded the name of Mantra-raja (king of all mantras). By the use of this mantra there is nothing impossible in this world, but with right use and process. So I am telling here the necessary instruction for this purpose. The directions are as below:-

1. To follow the five aspects: According to the direction of Tantra Shastras one should follow the five parts, which are necessary in this Sadhana. These five parts have been named Pancha-krama-samasakta. The adorer of Maa Bagala should follow the five actions—

- Desiring yellow color,
- Drinking of yellow liquid
- Using yellow bed covering
- Using yellow clothes
- Worship with yellow articles.

It is said in this matter-

“Sarva-peetopacharen mantrah sidhyati mantrinah”.

When performing an anushtana one should read the Kavacha, stotra, Hradaya, name, and adoration. Thereafter do worship of Yantra and then recite the mantra to achieving success it is necessary to everybody to perform adoration of mother with five, ten, sixteen, thirty six or sixty four kinds. Thereafter one should read Hymn, Kavacha (shield), Hradaya (Heart hymn) Patala, Stava (eulogy), Keelaka, and Geeta of mother Peetambara. This self study is an important part of adoration of Maa.

BAGALA- GAYATRI-Mantra-Sadhana

Each form of Gods and goddess has its own Gayatri. Without reciting Gayatri no body can get the grace of his Ishta Devata. In the same way Maa Bagala Gayatri is as under:-

OM BRAHAMAASTRAAY VIDMAHAY STAMBHANA-BANAAYAY
DHEEMAHI TANNAH BAGALA PRACHODAYAT. (Sankhyaayan
tantra).

ओम् ब्रह्मास्त्राय विद्महे स्तम्भनबाणाय धीमहि तन्नः बगला प्रचोदयात्।

The Rishi of this mantra is Brahma, the Chhanda is Gayatri, the Goddess is Bagala, the Beeja is Om, (or Hreem), and the Keelaka is Vidmahay.

To get siddhi, this mantra is recited four lac times.

VINIYOGAH:-

**Om asya shri Bagala-Gayatri mantrasya Brahma rishi,
Gayatri Chhandah, Brahmastra Bagala Devata, Om beejam
Hreem Shakti Vidmahay Keelakam, Shri Bhrahmastra
Bagalambaa preetayay japay viniyogah.**

विनियोगः-

ओम् अस्य श्री बगला-गायत्री मन्त्रस्य ब्रह्म ऋषिः, गायत्री छन्दः ब्रह्मास्त्र बगला देवता, ओम् बीजं, ह्रीं शक्ति, विद्महे कीलकं, श्री ब्रह्मास्त्र बगलाम्बा प्रीतये जपे विनियोगः।

RISHYADI-NYASA :-

- Shri Brahma rishaye namah shirasi.
- Gayatri chhandsay namah mukhay.
- Shri Brahamastra Bagala devatayai namah hradi.
- Om beejayai namah guhaye.
- Hreem shaktaye namah padayoh.
- Vidmahay keelakaya namah sarvangay .
- Shri Brahamastara Bagala Preetayay japay viniyogaye namah Anjalau.

ऋष्यादिन्यासः-

- श्री ब्रह्म ऋषये नमः शिरसि।
- गायत्री छन्दसे नमः मुखे।
- श्री ब्रह्मास्त्र बगला देवतायै नमः हृदि।
- ओम् बीजायै नमः गुह्ये।
- ह्रीं शक्तये नमः पादयोः ।
- विद्महे कीलकाय नमः सर्वांगे।
- श्री ब्रह्मास्त्र बगला प्रीतये जपे विनियोगाय नमः अंजलौ।

KARA-NYASA:-

- Om Hlireem Brahamaastraye vidmahe angusthabhyam namah.
- Stambhana-bannaaye dheemahi tarjanibhyaam Svaha.
- Tanno Bagala prachodayaat Madhyama-bhyaam vashat.
- Om Hreem Brahamaastraayay vidmahay Anamikhbhyaam hum.
- Stambhana Bannaye Dheemahi kanishthhikabhyaam vaushat.
- Tanno Bagala prachodayaat kartala-kar-prashthhabhyam phat.

करन्यास:-

- ओम् ह्रीं ब्रह्मास्त्राय विद्महे अंगुष्ठाभ्यां नमः।
- स्तम्भन-बाणाय धीमहि तर्जनीभ्यां स्वाहा।
- तन्नो बगला प्रचोदयात् मध्यमाभ्यां वषट् ।
- ओम् ह्रीं ब्रह्मास्त्राय विद्महे अनामिकाभ्यां हुं ।
- स्तम्भन बाणाय धीमहि कनिष्ठिकाभ्यां वौषट् ।
- तन्नो बगला प्रचोदयात् करतल-कर-पृष्ठाभ्यां फट्।

ANGA-NYASA :-

- Om Hlireem Brahamaastraye vidmahe hradayaye namah.
- Stambhana-bannaaye dheemahi shirshay Svaha.
- Tanno Bagala prachodayaat shikhaayai vashat.
Om Hreem Brahamaastraayay vidmahay kavachaaye hum.
- Stambhana Bannaye Dheemahi Netra-trayaaye vaushat.

- Tanno Bagala prachodayaat astraaye phat.

अंगन्यास:-

- ओम् ह्रीं ब्रह्मास्त्राय विद्महे हृदयाये नमः।
- स्तम्भन-बाणाय धीमहि शिरसे स्वाहा।
- तन्नो बगला प्रचोदयात् शिखायै वषट्।
- ओम् ह्रीं ब्रह्मास्त्राय विद्महे कवचाय हुं।
- स्तम्भन-बाणाय धीमहि नेत्र-त्रयाय वौषट् ।
- तन्नो बगला प्रचोदयात् अस्त्राय फट् ।

127 Character Mantra (Parvidhya Bhakshini Mantra)

This mantra is known by the names of "Parvidhya-bhakshini" or "parvidhya-bhaydan". This mantra is the destroyer of all other powers (energies or vidhyaas) within the distance of 12 kilometers from the sadhak who recite this mantra. It means if you get the siddhi of below mantra any other tantrik or occult power will not work against you. Although the root mantra has same effects, yet this mantra (127 words) is specially known for this purpose. That is why, it is said that – "Grasani sarva vidhyanaam Bagalaikaiva bhootalay". It means to say that there is only this is one vidhya of Bagala on this earth who eats all the other Vidhyas.

"OM HLEEM SHREEM HREEM GLAUM AIM KLEEM HAM
KSHAUM BAGALAMUKHI! PER PRAYOGAM GRAS-GRAS

OM HLEEM SHREEM HREEM GLAUM AIM KLEEM HAM
KSHAUM BRAHMAASTRA-RUPINI PARVIDHYA-GRASINI!
BHAJSHAYA-BHAJSHAYA OM HLEEM SHREEM
HREEM GLAUM AIM KLEEM HAM KSHAUM PAR
PRAGYA HAARINI! PRAGYAM BHRANSAYA-
BHRANSAYA OM HLEEM SHREEM HREEM GLAUM AIM
KLEEM HAM KSHAUM STAMBHANAASTRA-RUPINI!
BUDDHIM NAASHAYA-NASHAYA PANCHAYNDRIYA
GYANAM BHAJSHA-BHAJSHA, OM HLEEM SHREEM
HREEM GLAUM AIM KLEEM HAM KSHAUM
BAGALAMUKHI! HOOM PHAT SVAHA."

ओम् ह्रीं श्रीं ह्रीं ग्लौं ऐं क्लीं हं क्षौं बगलामुखि ! परप्रयोगं ग्रस-ग्रस ओम् ह्रीं
श्रीं ह्रीं ग्लौं ऐं क्लीं हं क्षौं ब्रह्मास्त्र-रूपिणि परविद्याग्रसिनी ! भक्षय-भक्षय ओम्
ह्रीं श्रीं ह्रीं ग्लौं ऐं क्लीं हं क्षौं परप्रज्ञा-हारिणि ! प्रज्ञां भ्रंसय-भ्रंसय ओम् ह्रीं
श्रीं ह्रीं ग्लौं ऐं क्लीं हं क्षौं स्तम्भनास्त्र रूपिणि! बुद्धिं नाशय-नाशय पंचेन्द्रिय ज्ञानं
भक्ष-भक्ष ओम् ह्रीं श्रीं ह्रीं ग्लौं ऐं क्लीं हं क्षौं बगलामुखि! हुं फट् स्वाहा ।

Before chanting the Mantra do Meditation, Viniyogah, Nyasa

Meditation

Kaalaanala-nibham devim jvalatpunja shiroruhaam,

kotibaahu-samayuktam vairi-jivha-samanvitam.

Stabhanastra-mayim devim drarha-peen-payodharam,

madiramada-sanyuktam vrahada-bhanumukheem bhajay.

ध्यान

कालानलनिभां देवीं ज्वालापुंज शिरोरूहाम् ।

कोटिबाहु संयुक्तां वैरिजिह्वा-समन्विताम् ॥

स्तम्भनास्त्रमयीं देवीं दृढपीन-पयोधराम् ।

मदिरामद संयुक्तां वृहदभानुमुखीं भजे ॥

This meditation is also used in the Panchama-asthra, the vrahada-bhanumukhi. But I have felt in practice that this meditation is more effective during the recitation(Japa) of above mantra.

VINIYOGA:-

OM Asya shri paravidhya-bhedini Bagalamukhi mantrasya shri Brahma-rishih, Gayatri chhandah, para-vidhya bhakshini shri Baglalmukhi devata, Aam beejam Hreem shaktih, Krom keelakam, devataamba prityarthay japay viniyogah.

विनियोगः ओम् अस्य श्री परविद्या-भेदिनि बगलामुखी मन्त्रस्य श्री ब्रह्म ऋषिः, गायत्री छन्दः, परविद्या भक्षिणी श्री बगलामुखी देवताः, आं बीजं ह्रीं शक्तिः, क्रों कीलकं, देवताम्बा प्रीत्यर्थे जपे विनियोगः ।

RISHYADI-NYASA :-

- Shri Brahmaa rishaye namah shirasi.
- Gayatri chhandsay namah mukhay.
- Para-vidhya bhakshini Shri Bagalamukhi devatayai namah hradi.
- Aam beejayai namah guhaye.
- Hreem shaktaye namah padayoh.
- Krom keelakaya namah sarvangay.
- Shri Bagalamukhi devataamba preetyarthay japay viniyogaaye namah anjalau.

ऋष्यादिन्यास:-

- श्री ब्रह्म ऋषये नमः शिरसि।
- गायत्री छन्दसे नमः मुखे ।
- परविद्या भक्षिणी श्री बगलामुखी देवतायै नमः हृदि।
- आं बीजाय नमः गुह्ये ।
- ह्रीं शक्तये नमः पादयोः ।
- क्रों कीलकाय नमः सर्वांगे ।
- श्री बगलामुखी देवताम्बा प्रीत्यर्थे जपे विनियोगाय नमः अंजलौ ।

SHADANGA-NYASA:

- Om Hleem hradayaya namah. (Touch the heart with combination of ring finger and thumb).
- Bagalamukhi shirsay Svaha. (Touch the head)
- Sarva dushtanam shikhaye vashat
- Vacham mukham padam stambhaya kavachaye hum.
- Jivham keelaya Netra trayaye vaushat.
- Buddhim vinashaya Hleem Om svaha Astraye phat

षडंग-न्यास:-

- ओम् ह्र्लीं हृदयाय नमः।
- बगलामुखि शिरसे स्वाहा।
- सर्व दुष्टानां शिखायै वषट्।
- वाचं मुखं स्तम्भय कवचाय हुं।
- जिह्वां कीलय नेत्र त्रयाय वौषट्।
- बुद्धिं विनाशय ह्र्लीं ओम् स्वाहा अस्त्राय फट्।

KARA-NYASA:

- Om Hleem angusthabhyam namah.
- Bagalamukhi tarjanibhyam Svaha.
- Sarva dushtanam Madhyamabhyam vashat.
- Vacham mukham padam stambhaya kavachaye hum.

- Jivham keelaya Netra-trayaye vaushat.
- Buddhim vinashaya Hleem Om Svaha astraye phat.

करन्यासः-

- ह्र्लीं अंगुष्ठाभ्यां नमः।
- बगलामुखि तर्जनीभ्यां स्वाहा।
- सर्वं दुष्टानां मध्यमाभ्यां वषट्।
- वाचं मुखं स्तम्भय अनामिकाभ्यां हुं।
- जिह्वां कीलय कनिष्ठिकाभ्यां वौषट्।
- बुद्धिं विनाशय ह्र्लीं ओम स्वाहा करतल-कर-पृष्ठाभ्यां फट्।

How to Use this Mantra : Certainly this vidhya never fails in destroying all bad effects of evil acts done by any practitioner of tantra. However it should only be done under the guidance of guru. My father shri yogeshwaranand ji did not give me permission to disclose it in public. It can only be given to the disciple who is devoted to the lotus feet of ma.

BAGALA –SABAR – MANTRAS

These mantras have been praised much by the siddha folk ascetics. Certainly a sadhak who recites any one mantra out of these mantras undoubtedly achieves his goal. There is one thing more especially that there is no formalities in reciting these mantras, as viniyoga and

nyasa etc. Only one thing is required to the sadhaka that is complete faith in Bhagavati and in mantra.

To get effect of this mantra one should worship of Maa and thereafter two malas (216 mantras) should be recited each day for two months. By the recitation of this mantra one can astringent all the activities of enemy. No body is out of range of this mantra, it may be the king, the minister, the officer, the mob of enemies, the animals or even the planets also.

Mantra One

"Om Malyachal Bagala Bhagavati mahaakruri mahaakaraali rajmukha bandhanam graama-mukh bandhanam graam-purush bandhanam Kaal-mukh bandhanam chaur-mukh bandhanam vyaghra-mukh bandhanam sarva-dushta-graha-bandhanam sarva-jana-bandhanam vashee-kuru hum phat swaha."

ओम् मलयाचल बगला भगवती महाकूरी महाकराली राजमुख बन्धनं ग्राममुख बन्धनं ग्रामपुरुष बन्धनं कालमुख बन्धनं चोरमुख बन्धनं सर्वदुष्टग्रह बन्धनं सर्वजन बन्धनं वशीकुरु हुं फट् स्वाहा॥

In fact this mantra is very effective which I have used time to time but with the grace of Maa Bagala I never failed in achieving my goal.

There is IInd sabara mantra which is mostly used in villages by Ojhas (Practitioners of tantra in villages, who are

preached the techniques by their gurus) . This mantra is recited to get the grace of Maa.

Second Mantra

"Om sau-sau suta samunder taapu, taapu main thaapa, sinhasan peela, sinhasan peelay ooper kaun baisay? Bagalamukhi ke kaun sangi, kaun sathi? Kachchi bachchi kaak kutiya svan chidiya. Om Bagala bala haatha mudgar maar, shatru hradaya par svar tiski jivha khichchai. Bagalamukhi marani-karani, uchchatan dharani, anant koti siddho ne maani. Om Bagalamukhi ramay Brahmani, bhanday Chandra-soor phiray khanday-khanday, Bala Bagalamukhi namo namaskar."

ओम् सौ सौ सुता समुन्दर टापू, टापू में थापा, सिंहासन पीला, सिंहासन पीले ऊपर कौन बैसे? सिंहासन पीला ऊपर बगलामुखी बैसे। बगलामुखी के कौन संगी, कौन साथी? कच्ची बच्ची काक कुतिया स्वान चिड़िया। ओम् बगला बाला हाथ मुद्गर मार, शत्रु हृदय पर स्वार तिसकी जिह्वा खिच्यै। बगलामुखी मरणी करणी, उच्चाटन धरणी, अनन्तकोटि सिद्धों ने मानी, ओम् बगलामुखी रमे ब्रह्माणी भण्डे चन्द्रसूर फिरे खण्डे-खण्डे, बाला बगलामुखी नमो नमस्कार।

This mantra should be recited 108 times per day up to one month. Although all the Sabara mantras should be recited in the nights of Holi, Deepavali, and on the occasion of lunar eclipse and solar eclipse. On these occasions these mantra are easily activated due to special time and effects of planets.

Besides of these above two sabara mantra there is a unveiled sabar mantra which i got from my father shri yogeshwaranand di after a great request . The method of this mantra is that one should recite this mantra 10 thousand times. There after should perform Yajna with the article of Maalkangni. After performing Homa it is necessary to do Tarpana and marjan. When doing Tarpana one should use the mixture of sugar and water. On the place of these two articals one may use the sugar cane-juice. After doing Marjana one should donate meal to any religious medicant and should get his blessings.

Thereafter recite one mala per day. Certainly every one sadhak of this mantra gets his goal and the grace of Maa Bagalamukhi. The mantra is-

"OM HREEM BAGALAMUKHI! JAGADA-VASHANKARI! MAA BAGALAY PRASEED-PRASEED MAM SARVA MANORATHAN POORAYA-POORAYA HREEM OM SVAHA.

"ओम् ह्रीं बगलामुखि! जगद्वशंकरि! मां बगले प्रसीद-प्रसीद मम सर्व मनोरथान् पूरय-पूरय ह्रीं ओम स्वाहा।

If any body recited these above three mantras or any one out of these according to method, he should sure that he will achieve his goal.

BAGALAMUKHI—KAVACHA

Before proceeding further I would like to acquaint my dear sadhakas to the importance of Kavacha (shield). In every sadhana the Kavacha plays an important role. As on the battlefield a warrior is required to have a shield and armor, in the same way a worshipper is required to use Kavacha to defend his body and soul from evil powers or demons.

On the battlefield a warrior is only “covered” by the physical armor. In the process of adoration, the sadhak is not only safeguarded, but is also adorned with transcendental powers. All evil powers are choked by the Kavacha. This is why every sadhak is advised strictly to chant his Kavacha before starting puja.

Here for the sadhakas is a very secret Kavacha which is used by Tantriks when doing the sadhana of Ma Bagalamukhi. Every sadhak of Ma Bagalamukhi is advised to read this Kavacha no less than eleven times everyday.

“Om Hreem me hradayam patu padau Shri Bagalamukhi,

Latatam satatam patu dushta-graha-nivarini.

Rasanam patu kaumari Bhairvi chakshushormam,

Katau prashte maheshani karnau Shankar-Bhamini.

Varjitani tu sthanani yani cha kavachen hi,

Tani sarvani me Devi satatam patu stambhini.”

ओम् ह्रीं मे हृदयं पातु पादौ श्री बगलामुखी ।
ललाटं सततां पातु दुष्ट-ग्रह-निवारिणी ॥
रसनां पातु कौमारी भैरवी चक्षुशोर्मां ।
कटौ-पृष्ठे महेशानि कर्णौ शंकर-भामिनी ॥
वर्जितानि तु स्थानानि यानि च कवचेन् हि ।
तानि सर्वाणि मे देवि ! सत्तां पातु स्तम्भिनी ॥

METHOD OF DEEP-DAAN

(Offering of burning lamps)

This is an experienced ritual which is made for the achievement of the impossible task. If a sadhak has decided to take a determination for such work which seems incurable then he should use this ritual. To attract, to astringent or to compel to leave place, post, and resident to the enemy or to destroy him one should use this method of the donation of earthen burning lamps to Her Highness.

The practice of the donation of burning lamps has been described in a popular tantra text book named **MERU**

TANTRA. Many times I have tested it and felt its importance, which is why I am stating here this method.

Material to be collect:-

- Seeds of Dhatoora. (The datura akba. The thorn apple which becomes a power narcotic).
- Earthen lamp- 36.
- Battis, tapers or wicks- 36. These should be made with 36 cotton yarns wrapped with each other.
- Pure butter of cow's milk.
- Flowers of rose.
- Safron.
- Oil of yellow mustard.

TIME: - One should get up in the small hours of the morning for performing this ritual.

Preparation for the ritual: - One curious should get up early in the morning and after bathing he should wear yellow clothes. He should sit on yellow aasana north-facing. Smearing wet turmeric powder on the land he should make a triangle and should keep an earthen lamp on the middle point of triangle. Filling lamp with butter of cow's milk he should keep a wick of 36 wrapped cotton yarn in the lamp and burn it with determination of forgiveness and purity. On this point **Meru Tantra** explains:

हरिद्रया रक्तवस्त्रं परिधाय शुचिः क्षमी।

पीतासनोपविष्टश्च पीतमाल्यानुलेपनः ॥

उत्तराभिमुखो भूत्वा हरिद्रालिप्त-भूतले ।

त्रिकोणं कारयित्वा तु दीपं प्रज्ज्वालयेत्सुधी ॥

English:

Haridraya rakta-vastram paridhaaye shuchih akshmee;

Peeta-aasanopavishtashcha peeta-maalyanu-laypanah.

Uttara-bhimukho bhutva haridra-lipta-bhootalay;

Trikonam kaarayitva tu deepam prajjvalayet sudhi.

Determination and recitation :- After burning the lamp the learned religious mendicant should take determination for burning the earthen lamp for one month and for reciting root mantra 108 times each day. That mendicant should recite the root mantra in night also. Repeat this adoration each day upto one month. During this period the adorer should follow the celibacy, purity and forgiveness.

If an adorer acts accordingly he achieves success in his every goal.

HARIDRA GANAPATI

(TURMERIC-GANPATI)

Haridra Ganapati (A popular Hindu deity believed to be the god of wisdom symbolizing auspiciousness) is also the subsidiary vidya of Mother Bagalamukhi, who is understood the yellow form of Lord Ganesha, the son of Shiva & Parvati. In the adoration of Mother Bagalamukhi one should worship of Lord Haridra Ganapati especially. By adoration of this Lord all the enemies are melted and are attracted to the aspirant.

Before worshipping of Shri Ganesha the aspirant should make the statue of Lord Ganesha with the paste of turmeric and sugar. Thereafter reciting the Mantra of Haridra Ganapati one should offer the homa with yellow rices (The rice mixed up with turmeric-powder).

VINIYOGA: Om asya shri Haridra Ganesh mantrasya Madan Rishih, Anushtupa Chhandah, Haridra Ganesha deveta, mama sarvabhishtha sidhyarthay japay viniyogah.

(Om, this mantra's rishi (religious mendicant) is Madana, Anushtupa is its Chhanda, and its deity is Lord Haridra Ganesha. To achieve all my goodness I invest all these in my body parts).

विनियोग

ओम् अस्य श्री हरिद्रा गणेश मन्त्रस्य मदन ऋषिः, अनुष्टुप छंदः, हरिद्रा गणेश देवता, ममाभिष्ट सिद्धयर्थे जपे विनियोगः ।

MANTRA:-

Om Hoom Gam Glaum Haridraa-Ganapatayei vara varada sarva-jana-hradayama stambhaya-stambhaya svaaha.

‘ ओम् हुँ गं ग्लौं हरिद्रागणपतये वर वरद सर्वजन-हृदयं स्तंभय स्तंभय स्वाहा।’

Meaning:-

Om Hum Gam Glaum, Ganapati of turmeric please give me boons and attract all the persons to me and please astringent – astringent their hearts.

Baglamukhi Puja Benefits

Maa baglamukhi maintains the eighth significant position among all the ten (Das) Mahavidya's. Bagalamukhi Puja is performed according to Vedic rituals. This puja helps to defeat our external enemies as well as internal enemies i.e

kama, krodha, lobha, moha & ahankar. With this puja sadhak gets control not only over their negative thoughts but also they have a full control over the external world. Puja of ma baglamukhi gives the sadhak self knowledge along with immense strength and power to lead a right path in his life.

Shri Baglamukhi Sadhana Rahasya By Shri Yogeshwaranand Ji

Shri Baglamukhi Sadhana Rahasya is the upcoming book of my father and my guru Shri Yogeshwaranand Ji on Ma Baglamukhi. Only limited copies of this book are going to be published. If you want to secure your copy before all sold out please make a payment of Rs 680 into the below A/C

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Feedback & Support

I am very pleased to say that we are taking a next step ahead in the field of spirituality by digitalizing all the available Sanskrit texts in the world related to secret mantras, tantras and yantras. In the first phase we will digitalize all the content provided by Shri Yogeshwaranand Ji regarding das mahavidyas. We will not only make it available for Hindi and Sanskrit readers but also translate it into English so that whole world can get the benefits from our work. I can't do it alone. To do the same I request all of you to help me achieve this goal.

Requirements to accomplish this goal

1. We need a person who can write articles in Hindi and Sanskrit in software like Adobe Indesign (Preferable font chanakya) or Microsoft Office (Font Used Kruti Dev 020, Chanakya)
2. We need a graphic designer who can create good pictures to summarize the content.

3. We need an English translator who can translate these articles into English

4. Any donation will be appreciated which is highly needed for this project to complete.

I am waiting for your feedback and support.

Sumit Girdharwal

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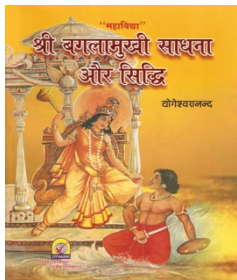
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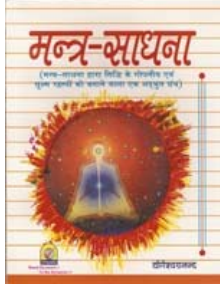
My dear readers! Very soon We are going to start an E-mail based monthly magazine related to tantras, mantras and yantras including practical uses for human welfare. I request you to appreciate me, so that I can change my dreams into reality regarding the service of humanity through blessings of our saints and through the grace of Ma Pitambara. Please make registered to yourself and your friends. For registration email me at sumitgirdharwal@yahoo.com Thanks

Books written by Shri Yogeshwaranand Ji.

1. Mahavidya Shri Baglamukhi Sadhana Aur Siddhi



2. Mantra Sadhana



3. Shodashi Mahavidya (Tripursundari Sadhana)

